

Portlocks' Pantry

Serving school meals to local schools

Our Kitchen

Welcome to our Kitchen at St. Andrew's Primary School, Chardstock

All of our fresh produce is sourced locally and we are proud to be working alongside the following reputable local suppliers to ensure our children have the best possible nutritional start in life:-

Complete Meats, Axminster for all of our meat products which are mostly Free Range and local.

Cains Farm, Bridport for our vegetables and fruit, locally grown where possible.

R.T. Parris, Chardstock for our dairy produce, including Local West Country Cheese and Free Range Eggs.

Davy's Locker, Bridport for our fish.

Paul's Award Winning Bakery, Seaton for all our daily fresh bread.

Food Hygiene Rating

The kitchen at St. Andrew's Chardstock received the maximum hygiene rating of 5 at the last inspection.

Occasionally our local suppliers may not be able to deliver and we reserve the right to make substitutions at short notice.



School Meals – The Standards

All our school meals meet the Government's nutritional based standards for meals in schools. This includes:

- Not less than 2 portions of fruit and vegetables/salad per day
- Oily fish at least once every 3 weeks
- Bread with no added fat or oil
- No added salt
- Starchy food cooked in fat or oil are not provided on more than 3 days a week
- No more than 2 deep fried food items are provided in a single week
- Allergy advice and information is available at each school and on websites



Free School Meals

All children in Reception, Year 1 & 2 are entitled to a free school meal every day.

Children in Key Stage 2 are entitled to free school meals if you are in receipt of:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The Guarantee element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax credit run on Universal Credit

You can apply on line at:

www.devon.gov.uk/free_school_meals, telephone **0845 155 1019** or ask in the school office for a form.

Pupil Premium Grant

The school can claim £1300 per pupil for all children whose parents who are in receipt of the above benefits.

This money will be used to provide extra support for your child. Please speak to the school office in confidence for further information.

School Meals Menu – Autumn Term 2015

Fresh fruit or yoghurt available daily as an alternative pudding. Fresh bread available daily

W/C 31/8, 21/9, 12/10, 9/11, 30/11,	
Monday	<p>Homemade Pasta Carbonara Or Homemade Cheese & Onion Pasta Bake (V) Mixed Salad, Garlic Bread</p> <p>Homemade Apple Flapjack Crunch</p>
Tuesday	<p>Complete Meats Chicken Fillet in a Burger Bun Or Homemade Cheese, Potato & Parsley Pinwheel (V) Autumn Coleslaw</p> <p>Homemade Cinnamon Bread & Butter Pudding with Custard</p>
Wednesday	<p>Complete Meats Local Gammon Fresh Pineapple or Homemade Rosemary Roasted Veg Tart (V) Seasonal Vegetables Crispy Roast Potatoes</p> <p>Peaches & Autumn Berry Coulis</p>
Thursday	<p>Homemade Complete Meats Beef Chilli Con Carne & Rice Or Jacket Potato with Baked Beans (V)</p> <p>Homemade Iced Sponge Slice</p>
Friday	<p>Davy's Locker Salmon Fish Cake or Breaded Veggie Cake (V) Chips Sweetcorn</p> <p>Homemade Chocolate Drop Cookie</p> <p>Apple Juice</p>

W/C 7/9, 28/9, 19/10, 16/11, 7/12	
Monday	<p>Homemade Complete Meats Mild Chicken Curry Or Mixed Bean Goulash (V) Boiled Rice with Naan Bread Fingers</p> <p>Homemade Sticky Chocolate Brownie</p>
Tuesday	<p>Homemade Complete Meats Beef Cottage Pie Or Homemade Quorn Mince Cottage Pie (V) Fresh Veg</p> <p>Homemade Chocolate & Orange Slice</p>
Wednesday	<p>Complete Meats Roast Pork Or Homemade Veggie Pasty (V) Fresh Seasonal Vegetables, Apple Sauce Roast Potatoes & Gravy</p> <p>Frozen Strawberry Mousse</p>
Thursday	<p>Homemade Complete Meats Pork Cassoulet with Crusty Bread or Homemade Herby Tomato & Bean Stew (V)</p> <p>Homemade Oaty Anzac Biscuit</p>
Friday	<p>Davy's Locker Coddies with Or Homemade Homity Pie (V) Garden Peas Chips</p> <p>Homemade Apricot Upside Down Cake Apple Juice</p>

W/C 14/9, 5/10, 2/11, 23/11, 14/12	
Monday	<p>Homemade Complete Meats Chicken, and Tomato Pasta Bake Or Homemade Roasted Vegetable Pasta Bake (V)</p> <p>Sneaky Homemade Harvest Slice</p>
Tuesday	<p>Complete Meats Pork Sausage Or Veggie Sausage(V) Mashed Potatoes, Seasonal Vegetables Onion Gravy</p> <p>Homemade Spiced Fruit Cake Slice</p>
Wednesday	<p>Complete Meats Roasted Turkey, Stuffing & Gravy or Homemade Cheddar, Sage & Onion Puff (V) Seasonal Vegetables Crispy Roast Potatoes</p> <p>Local Cheese, Crackers and Fresh Fruit</p>
Thursday	<p>Complete Meats Homemade Meat Balls, Tomato Sauce & Pasta or Homemade Sweet Potato & Lentil Pasta (V) Mixed Salad & Granary Bread</p> <p>Homemade Steamed Lemon Sponge & Custard</p>
Friday	<p>Davy's Locker Oven Baked Fish Fingers or Roasted Veggie Pizza (V) Chips Baked Beans Homemade Ginger Cookie Apple Juice</p>